

LE LIEN DIRECT

Pour plus d'informations, contactez :



DIRECT LINK

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3 décembre 2021

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December 3, 2021

TO ALL CANPAR EXPRESS DRIVER REPRESENTATIVES AND WAREHOUSE STAFF, PLEASE TAKE A MOMENT TO READ THE FOLLOWING:

With the holiday season well underway we would like to collectively recognize that the holidays can be extremely difficult for many, and may not be very enjoyable for everyone that has to work through them. The extended hours and increased workload that the seasonal rush brings can also bring extra stress and difficulties along with it.

As a work community, we work side by side with a diverse group of individuals; each with unique differences in their home lives. We ask you to take a moment to think about the reality for some as we emphasize the importance of your mental health as well as the mental health of the people you work closely with.

We would like to take this opportunity to remind everybody of the Employee Assistance Program (EAP). This valuable program is available to all employees of TFI International. The EAP is a completely anonymous program hosted by Morneau Shepell, bought and paid for by TFI International for the associated companies, and supported by USW Local 1976. Whether it be for grief or family therapy, debt counselling, or pain management, this program can be an excellent utility for those who might be struggling - holidays or anytime.

Again, we would like to reiterate that this a completely free and anonymous program with a multitude of helpful options.

Please refer to the numbers listed below for more information.

Any other needs or questions can be directed in confidence to your Unit Chair Representative or your Shop Steward.

Morneau Shepell (EAP): 1-844-671-3327

Canada Suicide Prevention Service: 1-833-456-4566 or text 45645

In solidarity,

TC Local 1976 USW
